

# TAEKWON-DO ACADEMY OF ONTARIO

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## **TECHNICAL CONFERENCE**

**SATURDAY JANUARY 30<sup>th</sup>, 2010**

*(Black Belt's Only)*

8:30AM – 9:00AM

WARM-UP

TRAFALGAR BALL ROOM  
HOLIDAY OAKVILLE CENTER  
590 ARGUS RD. (905)842-5000

9:00AM-12:00PM

CHON-JI TUL - JOONG-GUN TUL

12:00PM – 1:30PM

(GROUP PHOTO) LUNCH BREAK

1:30PM – 5:00PM

TOI-GYE TUL – JUCHE TUL

**SUNDAY JANUARY 31<sup>st</sup>, 2009**

*(3<sup>rd</sup> Dan & Up Only)*

8:30AM – 9:00AM

WARM-UP

MORNINGSTAR TAEKWON-DO  
1410 SPEERS RD #5  
OAKVILLE (905)847-8955

9:00AM – 12:00PM

SAM-IL – TONG-IL

12:00PM

FINISH

***TAEKWON!***